



SUNSHINE SNIPPETS

ORILLIA QUILTERS' GUILD

PRESIDENT'S MESSAGE

I don't know about you but in these 'dog days of summer' I would rather lounge in a hammock with a good book than be chained to my sewing machine, quilting. As summer's temperatures and humidity rise my interest in quilting plummets until I need to find ways to get my 'Quilt Mojo' back. Assuming that many of you experience this same dilemma, here are some helpful hints I've gleaned from various 'quilty' sources to help us regain our creative energy:

Join a quilt guild (check!); take a class; go on a shop hop or to a quilt show; quilt for a cause; teach someone to quilt.

Read quilting blogs, books and magazines; visit art galleries, museums and gardens for colour and design inspiration.

Doodle with crayons or markers alone or with a young child, observing their fear-free style. Play with colours, even the ones you don't like.

Set aside quilting for a month to pursue other interests. You'll return with 'fresh eyes' to quilting.

Play music while you sew, matching the music to the task e.g. fast for piecing, slow and calm for creating. Listen to podcasts or e-books while doing the mundane tasks like sewing on a binding.

Create an 'Inspirations' journal containing your sketches, items cut out of magazines, catalogues or greeting cards that catch your eye. Include short notes as to why you chose each image (e.g. love this colour, shape, etc.).

Make a 'bucket list' of quilting skills you'd like to learn, then ask a friend, take a class, go online to fulfil each one.

Get physical: take a walk; go for a swim; do yoga; commune with nature; dance to your favourite music. They all get the blood and creative juices flowing!

In your quilting room or area declutter; reorganize your stash (e.g. by value instead of colour, or vice versa); sort UFO's into "Finish" and "Donate", as life's too short to waste time on unworthy projects. Let a challenging project 'ripen' on your design wall to buy time to develop ideas and learn the skills necessary to finish it.

Change your habits: Learn to enjoy the quilting process, not just the product; set perfectionism aside (not easy for some of us!); ignore 'rules' and limits; break large projects down into manageable parts or make quickly finished smaller projects for that sense of satisfaction. Match your task to your mood, saving creative tasks for times when you are relaxed and calm, repetitive tasks when you are stressed and can't focus. Always make traditional quilts? Try making an art quilt or vice versa.

Best of all, quilt and laugh with a friend.

Mission Statement: The Orillia Quilters' Guild is a non-profit organization dedicated to promoting interest and excellence in quilting.

Meeting at: Royal Canadian Legion,
Downstairs

Mississaga St., Orillia

Third Wednesday of the month

1:00 pm to 3:00pm

President	Leslie Quinn
Past President	Gillian Isnor-McVeigh
Vice President	Betty Norberg
Secretary	Meryl Drake
Treasurer	Marilyn Lippert

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PROGRAM

This month we have a trunk show by Noshi Gulati.

Noshi started her quilting journey in 1996 after seeing her first quilt. It was love at first sight and she was hooked. She could not believe that fabric could be manipulated into such intricate designs. She enjoys the challenge of original designs and incorporates traditional design elements and bright colours in her quilts. The most enjoyable part of quilting for Noshi is the hand quilting and hand appliqué and compares hand quilting to mediation.

Noshi Gulati's presentation is entitled "Security stole my scissors". She travelled back and forth to India to visit family and took advantage of the time on the plane to sew.

OUTREACH

The Dialysis unit called me and they are in need of quilts - minimum size 50 by60. I was also talking to the lady at the Child Advocacy group and quilts would be most welcome. The children they deal with are between the ages of 8-16.

Submitted by Loretta Hughes

SCHOOLHOUSE

This month I will demonstrate a nifty method of Binding Curved Edges.

The web link is <http://www.quiltviews.com/binding-curved-edges-with-cindy-seitz-krug>

Submitted by Debbie Hewitt

LIBRARY

We have added four new books to the library:

516 Dye It! Paint It! Quilt It! By Joyce Mori and Cynthia Myerberg
Helpful directions for various ways to dye fabric for your original quilts.

517 Color-Blend Applique by Jane Townswick
This book helps in the blending of fabrics, new techniques and tricks for doing applique.

518 Quilt Grandeur by Kaffe Fassett
20 designs from Rowan for patchwork and quilting. Photographed at a Cornish estate.

519 Three dimensional Applique by Anita Shackelford
Techniques for Album Quilts and embroidery embellishments.

Calling all OQG Members:

The Orillia Branch 34 Royal Canadian Legion Needs Your Help!

As mentioned at our June meeting, in honour of the Legion celebrating its 90th Anniversary in October, we are seeking quilts of any size, made by our members, for donation to the Legion. The Legion is hoping to donate, raffle or auction these quilts in support of their Veterans, either directly or through their Poppy Fund. The number and size of quilts donated will help them decide the best courses of action.

Sandy McFadden has offered to quilt any you make, but remember, there is a very short deadline...**finished quilts MUST be handed in at our September meeting.**

The Legion has been very good to us. Now let's support our Legion!

Leslie Quinn
OQG President

Please bring donations to our AUGUST Guild meeting



A SALE by the Orillia Mariposa Grandmothers to raise funds for the Stephen Lewis Foundation

Saturday September 24th
9 am until 2 pm

At **St. Paul's Centre** corner of Peter and Coldwater Streets
Orillia

WE HAVE FOR SALE:

FABRICS and NOTIONS

Bolts & pieces of Fabric, Zippers, Buttons, Patterns, Beads, also used Fabric

SEWING SUPPLIES

Ribbon, Velcro, Tools, Quilting

YARN and WOOL

All kinds, Knitting needles, Crochet hooks, Pattern books, Rug hooking supplies

CRAFT SUPPLIES

All kinds of things for fibre arts, jewelry and more!

Books and Magazines

Something for everybody! Do not miss this one!

For information call Judi – 705 326 3096, Heather – 705 325 8594

FOLLOW US ON FACEBOOK
MARIPOSA GRANDMOTHERS





August

Frances Westgarth
Pat Dauphinee
Wendy Robinson
Carol Agnew

September

Chris Vanderjagt
Judy Dagenais
Nancy Cameron
Linda Huggins
Sandra Crawford



August

Frances Westgarth
Rena Wallis
Wendy Robinson
Gwen Hook

September

Peggy Johnson
Debbie Hewitt
Kim Wynnott
Penny Fitchett



SET UP

Frances Westgarth

Rena Wallis



TAKE DOWN

Frances Westgarth

Rena Wallis

JULY WORKSHOP

What a great workshop.....lots of socializing and fantastic results !

Thanks to the ladies who came and made place mats. We had 140 by 11:30. Not all were made that morning as generous members brought in place mats throughout the year. They are always welcome. The size is 12 by 15 inches finished.

Newsletter & Webmaster **Pat Hill**

A Message To All Readers

This is your Newsletter. If you have a story, tip or recipe that you would like to share please forward to Pat Hill by the second Friday of the month.

by E-mail
(orilliaquilters@gmail.com)
or in writing

Next Meeting **September 21, 2016**

Don't Forget:

Name Tag
Show & Share
Mug for Coffee/Tea
\$ for 50/50 Draw
Library Books

50/50 Winners - June

Penny Fitchett Merilyn Vyse

Don't forget to come early to sell 50/50 tickets

Permission is required to have photos of members and their work published on the website.
If you DO NOT give permission, please advise the webmaster.